

Hot this month *Bee hotels, old-timey cat memes, train spas, Bill Murray's golf duds*

American Airlines 

# American Way

APRIL 2017

**"I HAVE  
A DEEP  
PLACE  
IN MY  
HEART  
FOR  
AUSTIN"**

PIERCE  
BROSNAN ON  
TEXAS—AND  
BIG BEARDS

*From tough  
English  
childhood to  
Hollywood  
royalty,  
Charlie  
Hunnam is*

**THE MAN**

*who would be*



**KING\***

*\*King Arthur, that is,  
in the new Guy Ritchie movie*



**CHICAGO  
CUBS  
FANATICS:  
IN PAIN  
NO MORE**

**WHY  
WE LOVE  
NOLA'S  
BYWATER**

**TULUM:  
THE NEXT  
FOODIE  
PARADISE**

**THE FAST &  
FURIOUS  
RACES INTO  
HAVANA**

—12—

# These hotels are literally buzzing

Three properties that hit the sweet spot

At The Inn at Shaker Village of Pleasant Hill, outside Lexington, Kentucky, 40 hives provide 700 pounds of honey each year from flowering native plants on 1,200 acres of restored prairie. Apiary tours are available, along with beekeeping workshops and lessons in how to make soaps and candles from beeswax. But this is no mere gimmick: The Inn is very proud of its honey, which is found in recipes at its seed-to-table restaurant, and in jars to take home. “We get a beautiful golden honey in the spring,” says beekeeper Merin Roseman. “In the summer and fall, it has a darker amber color.

The darker it is, the more robust flavor it has.”



The Trustees' Table offers dishes featuring honey produced on-site



—13—

## THE FIVE-SECOND RULE DOESN'T APPLY TO GOOD BEER

Admiral Maltings, California's first floor-malting facility, opens this month outside San Francisco

Much like fine wine begins with exquisite grapes, great beer needs amazing malt. At Admiral Maltings, they're germinating barley the old-fashioned way: on the floor.

Unlike commercial malt, which is developed in large chambers, artisanal floor malt is germinated indoors on a concrete floor. The barley kernels are spread in a six-inch layer and raked every eight to 10 hours.

“Brewers covet floor malting for the

character that it has,” says owner Ron Silberstein, who is also the founding brewmaster at ThirstyBear Organic Brewery and founding member of the San Francisco Brewers Guild.

“This gentle and natural method of turning it by hand allows for a slower, complex flavor profile.”

Silberstein (right) sources barley from California farmers who adhere to organic and no-till farming practices. Admiral Malting's adjoining tap room will have 20 different beers made from its malt available to taste. “We're the step after the farmer and before the brewer,” he says. “The idea here is to put *terroir* back into beer.”

Traditional floor malting was the only available method until the 1850s



## GOOD BEE-HAVIOR

Where guests assist in honey harvesting before enjoying the delicious results



In the “Bush Capital” of Australia, guests at the **QT Canberra** can harvest eucalyptus honey on the roof, then enjoy the fruits of their labor in the bar’s Liquid Gold cocktail—a cinnamon- and peach-infused bourbon drink sweetened with honey and garnished with bee pollen.



In Hampshire, England, the signature dessert at **Chewton Glen** is an iced honeycomb parfait. The honey comes from 70 hives feeding on borage and fruit orchards across the hotel’s sprawling grounds. Guests are welcome to get involved, so long as they suit up.



SHAKER VILLAGE OF PLEASANT HILL: ALAMY, ERIC WOLFFING; COURTESY OF CHEWTON GLEN; WORDS: AMBER GIBSON



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