

C H I C A G O



COZY AT THE CLARIDGE

After a \$9 million renovation, the Gold Coast's Hotel Indigo has transformed into Claridge House. The historic boutique property was designed in 1923 by Chicago architect Walter Ahlschlager, and happily, its classical exterior has been preserved, along with original artwork and sculptures. Upgrades have been made to the 165 guestrooms, lobby, meeting spaces, and fitness center, however. The hotel sports a more contemporary and communal vibe, now, and new on-site restaurant and bar Juniper Spirits & Oysters specializes in sophisticated seafood and classic martinis. **1244 North Dearborn Parkway, claridgehousechicago.com**



The Gold Coast's newest hair salon, Bentley Hair & Beauty, is on the city's most exclusive shopping street, and conveniently near its top hotels. Irish businesswoman and owner Jennifer Long Riordan is committed to offering a more personalized experience at Bentley than those found in larger salons. Artwork from her personal collection hangs on the walls, and Bentley's small team of five senior stylists includes locals as well as top talent trained by Peter Mark in Dublin. Services include conditioning treatments by Shu Uemura and Kerastase, plus color by L'Oréal Professional. Request Gabrielle Buttitta for braids and updos; she'll style you pretty before a big event. **43 East Oak Street, bentleyhb.com**

OPEN HOUSE

North America's largest citywide architecture festival returns to Chicago October 13 and 14—a weekend of behind-the-scenes access to repurposed mansions, stunning skyscrapers, opulent theaters, exclusive private clubs, industrial facilities, cutting-edge offices, and breathtaking sacred spaces. Presented by the Chicago Architecture Center, Open House Chicago is a free public event with more than 250 participating sites on board, many of which are not normally open to the public. Last year, more than 91,000 people took in new neighborhoods and their distinct architectural and cultural styles. **openhousechicago.org**



The Radisson Blue Aqua Hotel Chicago (seen here with pool in foreground) is bringing a thoughtful new wellness practice into its fall fitness repertoire. Through the end of October, Chris Cinnamon from Chicago Tai Chi leads an eight-week series of classes (complimentary for hotel guests) designed to help harried travelers de-stress while building strength and stability. Beginners are welcome to join, and new practitioners might be surprised at how this gentle internal martial art can both relax and revitalize body and mind. **221 North Columbus Drive, radissonblu.com/en/aquahotel-chicago**

ROSE REJUVENATION

Beauty aficionados can now drink to their health with a new sparkling rosewater beverage. Meet Petal, a bubbling botanical blend available in specialty grocery stores in Chicago like Sunset Foods, Plum Market, Olivia's Market, and Treasure Island. Chi-Town native Candice Crane was inspired by her childhood in South Africa—when she would sip rose petal tea with her grandmother every afternoon—for the creation of her zero-calorie drink, one full of antioxidants and available in three flavors: Original Rose, Lychee Rose, and Mint Rose. **drinkpetal.com**



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